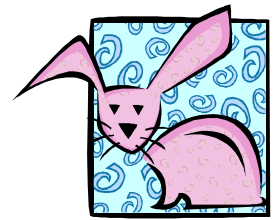




Hill AFB Family Support Center Monthly Buzz – April 2004



“Strengthening the Air Force Family”

Welcome to the Hill AFB Family Support Center!
Building 308N, Hours: 0700-1630

Seating is limited! Call early! To sign up for a class, or for more information, call 777-4681.



This month’s “Program in the Spotlight” is the
Relocation Assistance Program
“HEY HONEY, I just got orders for Korea!!”

WHERE?!! Osan, Korea! Now, the first thing you do is come to the Family Support Center and check out a packet and video of Osan. Korea is beautiful; the Korean people are wonderful with a great sense of humor and are as honest as the day is long.



The second thing you do is decide whether or not to take your family for the tour. The waiting list for childcare is very long and the schools have long waiting lists. If your spouse plans on working keep in mind that there are limited jobs on base for civilians. There are jobs on and off base, but very few of them.

Korea is very diverse. They have some great skiing and wonderful biking paths; Cheju Island is like Hawaii, very tropical with oranges, bananas, and the fantastic sponge diving women. Enjoy your tour, learn the language, and go out into the country and see some of the wonderful sights. It is not difficult to learn the language and the Korean people will appreciate you trying to learn.

There is new base housing. If you plan on living off base, there are some very reasonably priced housing, but make sure you get one that has 110 to 220 electrical adaptors.

The Family Support Center at Osan offers a multitude of programs in order to make your tour more enjoyable. They offer a “Korean Culture” class, “Surviving the Korean Language” class, a walking tour of Seoul to see the highlights (the temples are absolutely fabulous), international cooking classes, an open air market tour, and several other classes and tours.

And of course, there’s the shopping. Prices have gone up a bit every since the Olympics, but they are still very reasonable. You can get almost everything you need and probably a whole lot of stuff you don’t need. You can have clothes and shoes tailor-made for you and they can make anything you’d ever want from a size sheet the tailor will provide for you.

If your spouse comes for a visit, there is a program called “Reunion in Korea” sponsored by the Army. It is very reasonably priced. Check it out.

If you have any further questions, visit the Family Support Center and they will assist you in any way they can to make your move as easy as possible!

Enjoy your tour and have a wonderful time!

Relocation Assistance Program



Meals in Minutes
Saturday, 3 April, 1400-1500
At the Hill AFB Commissary

The Family Support Center in conjunction with the Base Commissary will be presenting a special cooking class designed just for you. If you have always wanted to cook something fast, easy, and tasty this is your chance! COME COOK WITH US!!

Kids on the Move
Monday, 5 April, 1530-1630

Hey, kids! Are you going to move soon? Get your Mom or Dad to sign you up for “Kids on the Move”. This is a fun class where you can get together with other kids that are going to move. You’ll decorate a scrapbook photo album and even get a free camera to take pictures for your photo album! For kids in grades 1 thru 6.

Home Buying & Selling
Tuesday, 6 April, 1700-1800

Are you thinking of buying or selling a home? Want to know how to find a realtor? Come and learn about what those real estate listings mean and pick up some basic tips of home buying and selling.

Newcomer’s Orientation
Wednesdays, 7 & 21 April, 0800-1200
Location to be determined, call the Family Support Center
A half-day of briefings by base agencies to help the newcomer learn about the base and local area. Mandatory for all newly arrived active duty members EXCEPT first term airmen. Spouses are encouraged to attend!



Find more Relocation Programs on the next page...

Relocation Assistance Program, continued...

Smooth Move

Thursday, 8 April, 0900-1000

Tuesday, 20 April, 1300-1400

Learn from the Relocation Assistance Specialists how to organize and prepare for your PCS move. It will save you money on your next move! You can also call to schedule a one-on-one Smooth Move appointment. Spouses are encouraged to attend!

Singles Get Together (Age 35+)

Friday, 9 April, 1800-2100

Are you single, 35 years old or older, tired of doing things alone, and want to meet some new friends? Get out of your house, learn about the variety of free workshops available, and come join in the fun! We will all meet at the Family Support Center and go out to a local restaurant for some great food and good conversation! Please call 777-4681 to sign up.

We can take Sponsor Training “on the road” and present it in your unit, at your convenience! Call 777-4681 for more information.



Initial Sponsor Training

Wednesday, 14 April, 0900-0930

Refresher Sponsor Training

Wednesday, 28 April, 0900-0920

AFI 36-3011 requires that all first-time sponsors, and those who have not sponsored a newcomer in the past year attend sponsorship training. Sponsorship training can help you be the “perfect” sponsor! Guidebook and information provided. Spouses are welcome; call if you want to schedule a one-on-one appointment!

Utah’s Best Kept Secrets Off the Beaten Path

Thursday, 22 April, 1700-1800

Are you new to Hill AFB? Been here awhile and looking for different things to do? There’s more to Utah than Temple Square! Come to this seminar and discover fun things to do and places to see that only the “locals” know about! You’ll leave with information and a bunch of great ideas to keep you busy the entire time you’re stationed here. Seating is limited -- call and sign up early!



Transition Assistance Program

Transition Assistance Seminar

13-15 April, 0800-1600

27-29 April, 0800-1600

This three-day workshop provides insight into job-hunting techniques, VA benefits, and more.

Targeted Resumes

Thursday, 1 April, 1700-1830

Thursday, 22 April, 1700-1830

Learn the most effective approach to get that important next step, “The Interview”.



Filling Out Federal Forms

Thursday, 8 April, 1700-1830

Find out how to complete OF612s and SF171s for federal employment.

Writing KSAs

Thursday, 15 April, 1700-1830

Learn the best way to address the important aspects of Knowledge, Skills & Abilities on federal applications.

Panel Interviews

Thursday, 29 April, 1700-1830

Are you worried about facing more than one interviewer for a job?

Come to this class to learn how to handle panel interviews with ease.



Did you know? Spouses are encouraged to attend TAP seminars with their active duty person -- be sure to sign up so you get a seat!

Employment Assistance Program

Spouse Employment Orientation

Mondays: 5, 12, 19, 26 April, 1400-1500

Special Evening Orientation: Thursday, 15 April, 1800-1930

Information will be given about the job market, salaries & what to expect when seeking employment in the area. Spouses with a four-year degree do not need to attend the Orientation-call for an appointment. No children please.



Resume Writing

Tuesday, 6 April, 1100-1200

Here is a quick method to help you write a resume that will get you that perfect job.

RESUMIX Workshop

Thursday, 8 April, 1100-1200

Learn the basic process and some of the tricks to filing out your resume using the resume builder program when applying for federal and Air Force civilian jobs.

Interviewing

Tuesday, 13 April, 1100-1200

Become skilled at the basic fundamentals of successful interviewing.

Job Search Techniques

Tuesday, 20 April, 1100-1200

Find out the key techniques to finding the job you really want.

STAIRS Workshop

Thursday, 22 April, 1100-1200

Learn the basics on how to apply for promotions, new jobs, or change in duty location through the AFPC Civilian Employment Website or the Interactive Voice Recognition System.

Filling Out Job Applications

Tuesday, 27 April, 1100-1200

Learn the “do’s” and “don’ts” when filling out employment applications.



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Financial Education - Air Force Aid & Personal Financial Management



Basic Budgeting Techniques Wednesday, 7 April, 0930-1130

Where does all the \$\$\$ go? If you're not sure, come to this informative class.

Baby Bare Essentials

Tuesday, 6 April, 1300-1600

The Family nurse, pediatric nurse, and FSC cover everything you need to know about having a baby. Dads encouraged to attend.

Women's, Infants, & Children (WIC)

Friday, 16 April, 1400-1430

Find out about this nutritional program for military members, based on income qualifications.

STOP Identity Theft

Thursday, 22 April, 1130-1230

Learn precautions you should take to prevent someone from taking your identity.



Family Life Education Program

Single Parent's Group

Wednesday, 7 April, 1130-1230

Attend and meet other single parents with similar interests and concerns. Group plans a monthly fun activity. Open to military and civilian single parents affiliated with Hill AFB who want resources for single parenting.



Why Are Women So Tired?

Tuesday, 20 April, 1130-1230

FSC staff members teach this fun class! Tips will be given on how to cope with the everyday hassles of a busy life. Is one hour of your time worth the effort to attend the class?



Call 775-6837 to schedule appointments for marriage assessment and referral for resources according to needs. Videos for loan are available on parenting and marriage.



Team Hill will join a nationwide celebration in honor of volunteers during National Volunteer Week, 18-24 April, by hosting a Volunteer Appreciation Celebration on 19 April, 1700-1900 at Club Hill. If you would like to nominate a volunteer for the Air Force Volunteer Excellence Award, you can pick up the Nomination Guidelines at the Family Support Center. Call 777-4681 if you have any questions! **Nominations are due by 19 April. Turn in your nomination to the Family Support Center, or at the Volunteer Appreciation Celebration!**

Family Readiness Program

The Family Readiness Program assists DoD personnel and their families prepare for deployments or remote tours. This office also coordinates all arrangements for evacuated personnel arriving in the northern Utah area. By addressing emotional, financial, legal, and family issues prior to these events, as well as

providing support programs during times of separation, we can help members balance quality of life and mission readiness needs more effectively. The Readiness Briefing is offered every Monday, 0900-1000.



Hearts Apart Program

Is your loved one TDY, Deployed or on a Remote Tour? Let the Hearts Apart Program provide you the additional support you may need during this time of separation. Provides morale calls, video teleconferencing, free E-mail access, video E-mail clips,

and digital pictures to send to loved ones. Would a break from the kids be great? Then come in and get your "Give Parents A Break" certificate. We also host a variety of fun activities! Call 777-4681 to find out about our next Hearts Apart event!

Information & Referral



Do you have a question or concern? The I&R program assists all Team Hill members by providing information about agencies and organizations that offer a variety of community services. We link people

who need assistance with the appropriate service providers. No matter how large or small your question, the Information & Referral program is your resource to get answers.

Airman's Attic - Building 150

Hours: Open 6 hours a day, Monday through Friday
Call 586-2699 for exact hours

Donations of serviceable clothing and small household items are welcome during open hours. The Attic is open to active duty

members and their immediate families E-5 and below; Tuesdays are "all ranks" day - please bring a donation for the Food Pantry if you're above E-5 or civilian.



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